



Therapies for Kids

VOLUME 2, ISSUE 3

17TH MAY, 2011

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Welcome!

Welcome to the third Therapies for Kids newsletter for 2011!

In this edition, Debbie will be sharing some exciting plans!

We will also be welcoming two new members of staff – Nikki, our new OT and Jessica, a new Speech Pathologist to our rooms.

Make sure to save the

date for our back care parents night, details are below.

We have some clever kids who are doing wonderful things in therapy on page 2, check out what they have been up to!

We also have some news on upcoming government funding as well as our usual reminders and notices.

You can also read up about Yoga classes which are held on Wednesday afternoons in the rooms.

Our regular notices and practice information is on the back for your reference as well.

Thanks!

The Therapies for Kids team

Parents Back Care Night

Therapies for Kids will be hosting a back care information night for parents in June.

Both of our Debbie's will be giving a presentation on **back care tips**, exercises, core strengthening and answering any questions you might have!

Date: 29th June 2011

Time: 7pm

RSVP: 10th June

Hope to see you there!



Plans for a gym

We are steadily outgrowing these rooms in terms of space and what we can offer so I have thought of following parents and therapist's dream of an integrated gym where all children can come together in accompaniment to therapy rooms on the same site.

In order to help this dream progress we would like to have a meeting with parents who are interested in such a set-up. If possible, we would like to have this meeting in June, so if you are interested please let us know and we will inform you of a date!



Clever Kids!

Congratulations to the following kids who have been doing excellent work!

- ★ Joshua who has been involved in cross country training at his school
- ★ Abbey for doing sliding transfers
- ★ Raphael for crawling
- ★ Oliver and Samuel for tall sitting!
- ★ Alfie for walking

Welcome Nikki!

Therapies for Kids would like to welcome Nikki Simler to the practice!

Nikki will be taking over from Zoe, who is on maternity leave. Nikki comes to us with a number of years experience working as an Occupational Therapist.

She will be looking after any handwriting, fine motor and school readiness referrals.

Watch this space:

FaHCSIA— Better Start for Children with a Disability Initiative

In May this year, the government announced a new initiative for aimed at providing financial assistance to children with a disability.

Under this scheme for children under **the age of six with Down Syndrome, Fragile X, hearing or vision impairments or Cerebral Palsy** will be eligible for up to \$12,000 funding (up to \$6,000 a year) through the government.

Debbie and Prue have lodged an application in order to be eligible to provide these services under the funding agreement.

It is hoped that this will be approved in time for the July 1st start.

More information can be found at www.fahcsia.gov.au (search for 'better start initiative').

Yoga!

Therapies for Kids is proud to offer Yoga classes for kids with all ability levels with the wonderful Nadia!

Nadia works with a child and carer to improve:

- ★ Core strength,
- ★ Flexibility,
- ★ Balance
- ★ Motor planning and other yoga skills!

Yoga classes run on Wednesday's from about 4. Make sure to bring comfortable clothes and be prepared to practice with your child!

If you have any questions call:

Nadia Di Lorenzo - 0400 803 446

Debbie Evans - 9519 0966



OT advice

Not all of us are lucky enough to have a tilt table like Prue!

So here are some suggestions on where to get a tilt board (search for slope table/board):

<http://www.windmill.net.au/>
<http://www.therapytoyshop.com/>
<http://www.pencilgrips.com.au/#/slope-boards/4535785207>



Wooden Slope Board

Writing on a sloped surface can assist in developing wrist extension and weight bearing necessary for writing.

It is great to use with pre-school and early school age children and can assist with general upper limb strength and posture development.

Some Reminders

Before you leave have you...?

- ★ Got your home programme
- ★ Paid
- ★ Got your receipt with the correct codes/
plans listed
- ★ Checked your next appointment
- ★ Booked another appointment
- ★ Had any equipment loans recorded
- ★ Picked up any other handout or letter
you may need.

If you need a **print out of future appointments**, please ask reception and we will print one out for you.

Important Dates

Key Dates:

Queen's Birthday Public Holiday: Monday
13th June

School Holidays Start: Monday July 4th

School Holidays end: Monday 18th July

Debbie Holidays: 2nd – 19th September

Open Hours

Debbie: Monday, Tuesday, Thursday,
fortnightly Saturday (8:30-5:30).
Wednesday (8:30-2:30).

Prue: in rooms Tuesday, Thursday, fort-
nightly Saturday and Friday (8:30-5:30).
School visits Monday and Wednesday.

Jodie: Tuesday (10-3) and Friday (9-3)

Debbie Bell: Wednesday (10-5), fort-
nightly Saturday (9-5)

Nikki: Monday, Tuesday, Wednesday (9-
5), fortnightly Saturday (9-5)

Reception open hours: 9-5

Speech Therapy

Speech therapists operate out of our rooms
on a day-to-day basis (including Saturdays).

Jessica is currently the speech therapist
working at Therapies for Kids. In order to
book you can contact Dr Jenny Harasty on:

Mob: 0419 636 613

Email: jharasty@bigpond.net.au



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